

Programs and Services

All programs and services are delivered by our qualified and passionate facilitators.

Housing and Independent Living

Access & Support

Advocating and providing support for people who are unable to access services to maintain independent living.

Advanced Care Finder

Supporting people to access aged care services or other supports in their local community.

Community Connections

Advocacy support and referrals to essential health and social services for people at risk of homelessness.

Housing Mental Health Pathways

Accommodation and support for people exiting Ballarat Health Services' Adult Acute mental health inpatient service.

Peplow House Crisis Accommodation

Short-term crisis accommodation for single men aged 18 years and over who are experiencing homelessness.

Mental Health

Counselling

Confidential counselling services for people of all ages, backgrounds, genders and religious beliefs.

Mental Health Planned Respite

If you are living with mental illness and are receiving support from a carer who may benefit from time away from their caring role, planned respite can help.

School Counselling & Chaplaincy

Counselling and chaplaincy to support the mental health of students and families.

Crisis Services

Victims Assistance Program

Providing information, practical support and referrals for victims of crime or anyone affected by a violent crime.

Emergency Relief

Confidential financial or material aid to assist people experiencing financial hardship, who are struggling to afford basic necessities. Phone appointments only.

Workshops

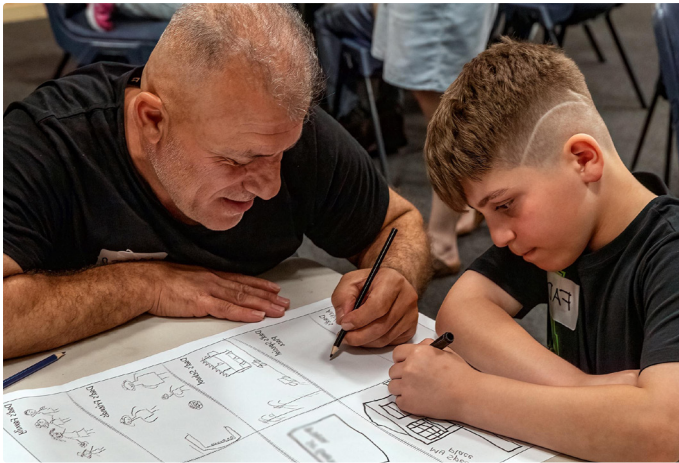
Workshops, short programs and courses for families, couples and young people.



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Contact Us

Ballarat Family Relationship Centre (FRC)
Open Monday-Friday, 9am-5pm (Wed 9am-8pm)
T (03) 5337 8999
E ballarat.frc@catholiccarevic.org.au
34 Peel Street Nth, Ballarat VIC 3350

Family Services

Family Dispute Resolution

Mediation for separated or separating parents to reach agreement on parenting plans.

Family Preservation and Reunification Response

Keeping children safe at home, preventing their entry into out-of-home care, and reunifying children with their family.

Family Services

In-home support and parenting skill development, to improve the wellbeing of families experiencing challenges.

Family Wellbeing Support Service

One-on-one support, information sessions, workshops and referrals to other health and wellbeing services.

ParentsNext

An employment program assisting parents to plan and prepare for employment by the time their youngest child reaches school age.

Property Dispute Resolution

Mediation for separated couples and families to negotiate the division of property and finances.

Regional Parenting Program

Group sessions and one-on-one consultations, helping parents and carers across Victoria develop strong parenting skills and strategies.



Visit our website for more information
www.catholiccarevic.org.au