

# Programs and Services

All programs and services are delivered by our qualified and passionate facilitators.



## Family Support

### Family Services

Keeping children safe at home, preventing their entry into out-of-home care, and enhancing parenting skills to help families thrive.

### Family Wellbeing Support Service

Supporting the mental health and wellbeing of children through family supports, mental health workshops, information sessions and more.

## Mental Health

### Counselling

Confidential, telehealth counselling services for people of all ages, backgrounds, genders and religious beliefs.

## Contact Us

Melton Office  
Open Monday-Friday, 9am-5pm  
T (03) 9069 3210  
239 Station Road, Melton VIC 3337



Visit our website for  
more information:  
[www.catholiccarevic.org.au](http://www.catholiccarevic.org.au)