

# Programs and Services

All programs and services are delivered by our qualified and passionate facilitators.



## Family Support

### Parenting Orders Program

A group program combined with counselling to improve self-care, co-parenting, and child support for separated parents.

## Mental Health

### Counselling

Confidential counselling services for people of all ages, backgrounds, genders and religious beliefs.

## School Support

### School Refusal Support

Counselling support to help students re-engage in their education.

## Contact Us

Pakenham Office  
Open Mon-Wed 10am-6pm & Thur-Fri 9am-5pm  
T 1800 522 076  
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Visit our website for  
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