

# Programs and Services

All programs and services are delivered by our qualified and passionate facilitators.



## Family Support

### Family Preservation and Reunification Response

Keeping children safe at home, preventing their entry into out-of-home care, and safely reunifying children with their family.

### Family Dispute Resolution

A mediation process that helps people reach agreement after separation or when other issues arise, relating to the care of children. FDR is mostly for separated parents, but sometimes carers, particularly grandparents, might participate.

### Regional Parenting Program

Group sessions and one-on-one consultations, helping parents and carers across Victoria, to develop strong parenting skills and strategies.

### FOCCUS Relationship Workshop

A private, three-session relationship education program for couples, with a qualified facilitator. Sessions are available online, after hours or face-to-face.

## Mental Health

### Counselling

Confidential counselling services for people of all ages, backgrounds, genders and religious beliefs.

### Men and Family Relationships

Designed to assist men and their families with relationship issues, through education, counselling and by connecting them to relevant support services.

## Home Support

### Advanced care finder

Supporting people to access aged care services or other supports in their local community.

### Homes First

Supporting people sleeping rough and/or experiencing persistent homelessness by providing access to social housing and wrap around services.

## School Support

### School Counselling & Chaplaincy

Counselling and chaplaincy to support the mental health of students and their families.

## Contact Us

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