

This service can help you to:

- Rebuild relationships
- Establish new networks of support
- Ensure positive and strong connections with those who matter most
- Recover from addiction, or support a loved one who is experiencing addiction

Referrals and bookings

To make a booking or enquiry please contact your nearest office.

Fees

This service is free of charge.

The service is confidential

Your privacy is important to us and we will not disclose your personal information without your express permission except when we are required to by law, for example, to protect you or someone you know from harm.

“I am now employed and I am not homeless anymore. I don't have enough words to express what CatholicCare Victoria did for me.”

- Alcohol and Other Drug Service Client

About us

At CatholicCare Victoria we are committed to empowering communities and building strength and resilience, to enable everyone to reach their full potential and live life to the full.

Our services are available to all individuals or groups regardless of race, religious beliefs or economic status.

CatholicCare Victoria is the social service agency of the Catholic Archdiocese of Melbourne and the Catholic Dioceses of Ballarat, Sandhurst and Sale.

Contact us

Dandenong

T (03) 8710 9600

Footscray

T (03) 9689 3888

Epping

T (03) 8468 1305

Melton

T (03) 9069 3210

This program is funded by Victorian Government Department of Health and Human Services.
For more information visit www.dhhs.vic.gov.au

Alcohol and Other Drug Service



www.catholiccarevic.org.au

CatholicCare Victoria acknowledges the history, culture, diversity, and value of all Aboriginal and Torres Strait Islanders, and pays respect to their Elders past and present, as well as acknowledging future generations.

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 **CatholicCare**
VICTORIA
Strengthening families & communities

Worried about alcohol or drug use?

If you are struggling with the effects of addiction, it's okay to ask for help.

Our Alcohol and Other Drug (AOD) Service provides specialist counselling, support and education to help you get back on your feet.

We provide holistic and flexible support at all stages of alcohol/drug use recovery. This means that our AOD Service can be accessed even after initial support has finished.

Support for relatives and friends.

As a parent, relative or friend of someone with an alcohol or other drug problem, it can be devastating to watch a loved one struggle.

If you are worried about someone, we can provide the support you need and help you strengthen your relationship with your loved one.

Good relationships can help people to recover from addiction, and in some cases can even prevent it.

Our unique family service provides counselling and education for anyone who is concerned about a loved one's substance abuse.

About the service

Our counsellors are professionally trained and qualified. They specialise in problematic alcohol and other drug use, and can help with the social and emotional challenges, and relationship strain or breakdown that is associated with addiction.

Our counsellors can also offer spiritual support, which helps to bring about peace and acceptance and make meaning out of life's difficult experiences.

We have specialised CALD (Culturally and Linguistically Diverse) counsellors who have understanding and knowledge in dealing with cultural issues, and who can provide support and advice to community groups of different cultures and backgrounds.

We are currently working with African, Burmese and Vietnamese communities to build understanding and provide support around alcohol and other drug issues.

The Alcohol and Other Drug support service includes:

- alcohol and other drug use assessment and referral to other agencies
- community programs aimed at supporting and strengthening families
- compassionate, non-judgemental and confidential counselling for individuals, families, friends and parents

Finding the right support for you and your family

At CatholicCare Victoria we offer a range of services to suit the needs of our local communities.

If you're not sure what service is right for you or your family, contact us to discover how we can best support your needs.

Other services you may be interested include:

- Family and Relationship Counselling is for children, adolescents, adults and families who may benefit from counselling to sustain healthy relationships.
- Asylum Seeker Support arranges supported housing for families seeking asylum.
- Refugee Settlement Support equips newly arrived refugee and humanitarian entrants with social and life skills to help them settle well.

View all programs and services on our website at www.catholiccarevic.org.au