

Programs & Services

EAST MELBOURNE



At CatholicCare Victoria we empower communities and build strength and resilience, to enable everyone to reach their full potential and live life to the full.

We offer over 60 programs and services across Victoria.

Our services are offered to everyone in the community, regardless of race, religious beliefs or economic status.

Counselling

Counselling for people of all ages

We assist couples, families, children, teenagers and individuals with counselling to manage and sustain healthy relationships. Counselling can support people who have experienced or are facing issues relating to anxiety, abuse, ageing, anger, depression, loss and grief, parenting, relationships, separation, stress, trauma, and many more.

Counselling may be short or long term depending on need for support and complexity of issues.

Emergency Relief

Financial and material aid

Emergency Relief provides financial or material aid to assist people experiencing financial hardship resulting from their current life situation or an unexpected crisis event.

CatholicCare Victoria provides confidential, non-judgemental support to maintain the dignity of individuals and families. Phone appointments must be made in order to access Emergency Relief. No walk-ins accepted.

For more information, please visit our website at www.catholiccarevic.org.au/ER

Pastoral Care

Hospital Chaplaincy, Prison Ministry & Youth Justice

Our Catholic Chaplains offer emotional, spiritual and sacramental support to patients in hospitals, and to residents in prisons and youth justice centres. Our Chaplains support people of all faith (and no-faith) backgrounds, providing comfort and a listening ear at a time when a person may otherwise feel lost or abandoned.

Relationship Workshops

Pre-Marriage Education

Our pre-marriage programs help couples to prepare for married life. Delivered in either group or private sessions, couples reflect on their strengths and weaknesses and what it takes to have a strong, healthy and lasting marriage.

Refugee Dads and Kids Weekend

The Refugee Dads and Kids Weekend is a free weekend away, helping refugee fathers strengthen their relationship with their child and build skills for better parenting.

This group program provides a variety of outdoor and indoor activities, information workshops, and opportunities to connect with other refugee dads and kids.

School and Education Support

Clemente Fitzroy

In partnership with Australian Catholic University this program creates opportunities to help people make a fresh start through university education. The program offers, at no cost, supported tertiary level education in humanities for people experiencing significant disadvantage. Counselling, mentoring and study support is also provided for participants.

School Counselling and Cognitive Assessments

We provide specialised on-site psychological and counselling services to primary and secondary schools. We also provide a Cognitive & Educational Assessments service which can be used to understand the learning needs of children and to apply for educational funding support. This service can be accessed by schools and parents.